

Saxmundham Running and Fitness Club "The Saxons"
5 Mile Race Results
Sunday 19th October 2008

Position		Time	Name	Club	Bib No.
1	1st Male	28.28	Roger Aldis	Stowmarket Striders	25
2	2nd Male	31.17	Brad Jones	Ipswich Jaffa	27
3	3rd Male	32.40	Jon Lockwood	St Edmunds Pacers	13
4		33.07	Steven Neaves	Stowmarket Striders	20
5	1st Female	33.15	Kirsty Addy	The Saxons	19
6		33.16	John Weston	Ipswich Jaffa	36
7		33.24	Chris Seymour	Stowmarket Striders	21
8		33.55	Sean Jermy	GYDAC	28
9		34.10	Robert James	Bungay Black Dog	35
10		34.14	Paul Grieveson		11
11		34.48	Stephen Curran	Woodbridge Shufflers	34
12		35.37	Rob Peacey	Benfleet RC	37
13		36.00	Ian Gooderham	St Edmunds Pacers	29
14		36.05	James Wilson	The Saxons	26
15		36.43	Colin Monks	Bromley & Blackheath Harriers	15
16		36.46	Paul Turner	Ipswich Jaffa	22
17		37.18	Michael Stollery	Ipswich Triathlon Club	40
18		37.37	Mark Sargeantson	Framlingham Flyers	39
19		38.12	Richard Fellingham	Stowmarket Striders	24
20	2nd Female	38.14	Marion Walker	Framlingham Flyers	6
21		38.46	Robin Harper		33
22	3rd Female	38.49	Eloise Calver	St Edmunds Pacers	16
23		39.40	Bill Cox	Framlingham Flyers	18
24		39.47	Colin Alford		5
25		40.21	Veronica Manly	Diss AC	12
26		41.41	Tony Gallagher		14
27		44.10	Alison Bills	The Saxons	8
28		44.36	Friedel Plant	Holme Pierre Pont Running Club	41
29		44.57	Jill Anderson	Framlingham Flyers	38
30		45.41	Karen Alford		4
31		45.56	Mike Chambers	St Edmunds Pacers	42
32		46.04	Ray Howard	Framlingham Flyers	23
33		46.12	Joanne Turner		32
34		46.15	Lynsey Warne		43
35		54.03	Katy James	Bungay Black Dog	30
36		54.25	Bridget Grayster		44
37		56.40	Wendy Lansdowne		9
38		56.40	Clare Wilson		10
39		57.19	James Kelly	Framlingham Flyers	31
40		59.53	Maxine Bills		17
41		65.26	Joy Ligh		7