

col01 col02 col03 col04 col05 col06 col07 col13 col14 col18
 The Saxons 5 Saxons 5
 Overall Finish List
 October 14, 2018
 Results By ChipTimingUK

Saxons 5

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gender	Team Name	Gender Finish Place
1	Robert Chenery	Ipswich Jaffa RC	46	32	1:Open		28:19	M	Ipswich Jaffa RC	1
2	Adam Howlett	Framlingham Flyers	120	47	2:Open		29:02	M	Framlingham Flyers	2
3	Jim Last	Framlingham Flyers	130	41	3:Open		29:22	M	Framlingham Flyers	3
4	Darren Sheppard	Framlingham Flyers	204	47	1:M 40-49		30:33	M	Framlingham Flyers	4
5	Chris Leek	Framlingham Flyers	132	43	2:M 40-49		31:12	M	Framlingham Flyers	5
6	Mark Hayden	Framlingham Flyers	110	46	3:M 40-49		31:24	M	Framlingham Flyers	6
7	Ben Churchman	Diss and District AC	48	34	1:M 1-39		31:57	M	Diss and District AC	7
8	Steve Brooke	Felixstowe RRC	29	50	1:M 50-59		32:04	M	Felixstowe RRC	8
9	Dylan Fothergill	Felixstowe RRC	79	15	2:M 1-39		32:06	M	Felixstowe RRC	9
10	Roger Stone	Felixstowe RRC	217	50	2:M 50-59		32:25	M	Felixstowe RRC	10
11	Scott MacSephney	Ipswich Jaffa RC	144	51	3:M 50-59		32:25	M	Ipswich Jaffa RC	11
12	John Aldred	Framlingham Flyers	6	30	3:M 1-39		32:34	M	Framlingham Flyers	12
13	Will Aldred	Framlingham Flyers	5	48	4:M 40-49		32:59	M	Framlingham Flyers	13
14	Rob Mackenzie	Framlingham Flyers	142	56	4:M 50-59		33:08	M	Framlingham Flyers	14
15	Rebecca Smith		208	30	1:Open		33:22	F		1
16	Robin Harper	Felixstowe RRC	105	42	5:M 40-49		33:48	M	Felixstowe RRC	15
17	Guy Morris	Ipswich Triathlon Club	162	51	5:M 50-59		33:51	M	Ipswich Triathlon Club	16
18	Morgan Moore	Stowmarket Striders RC	159	17	4:M 1-39		33:58	M	Stowmarket Striders RC	17
19	Neal Hardwick		103	40	6:M 40-49		34:03	M		18
20	Michael Quantrell	Waveney Valley AC	183	49	7:M 40-49		34:04	M	Waveney Valley AC	19
21	Steve Garvie		87	47	8:M 40-49		34:27	M		20
22	Mike Rowe		189	43	9:M 40-49		34:37	M		21
23	Graham Coulter	Framlingham Flyers	58	44	10:M 40-49		34:54	M	Framlingham Flyers	22
24	Thomas Hayden	Framlingham Flyers	109	16	5:M 1-39		34:54	M	Framlingham Flyers	23
25	Robin Belsom	Ipswich Jaffa RC	17	58	6:M 50-59		35:02	M	Ipswich Jaffa RC	24
26	Steve Hall	Framlingham Flyers	98	45	11:M 40-49		35:09	M	Framlingham Flyers	25
27	Richard Higgins	Framlingham Flyers	115	54	7:M 50-59		35:15	M	Framlingham Flyers	26
28	Tom Alexander	Woodbridge Shufflers RC	8	40	12:M 40-49		35:18	M	Woodbridge Shufflers RC	27
29	Kerry Buckley		32	48	13:M 40-49		35:47	M		28
30	Stuart Green	Stowmarket Striders RC	95	58	8:M 50-59		35:54	M	Stowmarket Striders RC	29
31	Gary Lyon	Lowestoft Road Runners	138	45	14:M 40-49		36:00	M	Lowestoft Road Runners	30
32	William Roxby-Clarke	Harwich Runners	190	31	6:M 1-39		36:05	M	Harwich Runners	31
33	Mark Leeks	Ipswich Jaffa RC	133	40	15:M 40-49		36:17	M	Ipswich Jaffa RC	32
34	Daniel Coates-melton		50	27	7:M 1-39		36:19	M		33
35	Alex McGregor	Framlingham Flyers	152	29	8:M 1-39		36:29	M	Framlingham Flyers	34
36	Karen Sage	Framlingham Flyers	196	49	2:Open		36:30	F	Framlingham Flyers	2
37	Mark Goodwin	Felixstowe RRC	93	46	16:M 40-49		36:47	M	Felixstowe RRC	35
38	Jimmy Secker	Sudbury Joggers	200	44	17:M 40-49		37:09	M	Sudbury Joggers	36
39	Sarah Fitch	Felixstowe RRC	77	45	3:Open		37:19	F	Felixstowe RRC	3
40	Simon Fraser		81	49	18:M 40-49		37:27	M		37

41	Duncan Chenery	Ipswich Jaffa RC	45	59	9:M 50-59	37:34	M	Ipswich Jaffa RC	38
42	Mark Hughes	Stowmarket Striders RC	122	50	10:M 50-59	37:37	M	Stowmarket Striders RC	39
43	Anna Sinclair	Ipswich Triathlon Club	205	50	1:F 50-59	37:41	F	Ipswich Triathlon Club	4
44	Richard Dempsey	Woodbridge Shufflers RC	64	50	11:M 50-59	37:48	M	Woodbridge Shufflers RC	40
45	Daren Coulter	Waveney Valley AC	59	47	19:M 40-49	37:49	M	Waveney Valley AC	41
46	David Brewster		28	38	9:M 1-39	37:54	M		42
47	Alex Batho		15	48	20:M 40-49	37:56	M		43
48	Guy Hayward	Framlingham Flyers	111	47	21:M 40-49	38:10	M	Framlingham Flyers	44
49	James Bouldin	Framlingham Flyers	23	33	10:M 1-39	38:30	M	Framlingham Flyers	45
50	Gary Lowe		136	61	1:M 60-69	38:35	M		46
51	Graham Wigley	Framlingham Flyers	244	60	2:M 60-69	38:45	M	Framlingham Flyers	47
52	Finn Boykew		25	27	11:M 1-39	39:02	M		48
53	Paul Morris		164	39	12:M 1-39	39:07	M		49
54	Alex Russo		195	33	13:M 1-39	39:12	M		50
55	David Seymour	Felixstowe RRC	201	58	12:M 50-59	39:17	M	Felixstowe RRC	51
56	Kenneth Tovell	Framlingham Flyers	227	49	22:M 40-49	39:20	M	Framlingham Flyers	52
57	Helen Barber	Framlingham Flyers	11	36	1:F 1-39	39:22	F	Framlingham Flyers	5
58	Mik Carr	Bungay Black Dog RC	37	62	3:M 60-69	39:36	M	Bungay Black Dog RC	53
59	James Stacey		214	43	23:M 40-49	39:39	M		54
60	John Weston		241	62	4:M 60-69	39:41	M		55
61	Simon Round		191	54	13:M 50-59	39:44	M		56
62	Sam Phillips		179	45	24:M 40-49	39:49	M		57
63	Paul Maycock	Capel Cheetahs	151	60	5:M 60-69	40:03	M	Capel Cheetahs	58
64	Graham Waudby		238	49	25:M 40-49	40:05	M		59
65	Peter Woods	Felixstowe RRC	248	35	14:M 1-39	40:11	M	Felixstowe RRC	60
66	John Mckee	Framlingham Flyers	153	39	15:M 1-39	40:12	M	Framlingham Flyers	61
67	Andy Gray		92	43	26:M 40-49	40:15	M		62
68	Anna Kocinska		128	38	2:F 1-39	40:27	F		6
69	James Calver		35	29	16:M 1-39	40:35	M		63
70	Linda Aldred	Framlingham Flyers	7	49	1:F 40-49	40:35	F	Framlingham Flyers	7
71	Victoria Stace	Framlingham Flyers	212	40	2:F 40-49	40:37	F	Framlingham Flyers	8
72	Robert Mawson	Framlingham Flyers	149	62	6:M 60-69	40:38	M	Framlingham Flyers	64
73	Chris Bond		22	26	17:M 1-39	40:48	M		65
74	Chris Hobrough		117	33	18:M 1-39	40:48	M		66
75	Rose Westall		239	30	3:F 1-39	41:00	F		9
76	Ruth Acworth		1	58	2:F 50-59	41:01	F		10
77	Jimmy Russell	Felixstowe RRC	193	51	14:M 50-59	41:16	M	Felixstowe RRC	67
78	Robert Pearson		174	54	15:M 50-59	41:34	M		68
79	Jon Moodie	Framlingham Flyers	158	47	27:M 40-49	41:35	M	Framlingham Flyers	69
80	Katie Price		182	45	3:F 40-49	41:37	F		11
81	Holly Burrows	Framlingham Flyers	34	26	4:F 1-39	41:42	F	Framlingham Flyers	12
82	Suzanne Le Sauvage		131	43	4:F 40-49	41:48	F		13
83	Michelle Hewitt	Framlingham Flyers	114	29	5:F 1-39	41:50	F	Framlingham Flyers	14
84	Nicky Roper	Framlingham Flyers	188	46	5:F 40-49	42:11	F	Framlingham Flyers	15
85	Joanne Harper	Felixstowe RRC	106	36	6:F 1-39	42:28	F	Felixstowe RRC	16
86	Shannon MacSephney	Ipswich Jaffa RC	145	16	7:F 1-39	43:00	F	Ipswich Jaffa RC	17
87	Peter Finch	Ipswich Jaffa RC	75	57	16:M 50-59	43:05	M	Ipswich Jaffa RC	70
88	David Taylor	Framlingham Flyers	225	69	7:M 60-69	43:08	M	Framlingham Flyers	71

89	Jan Hart		107	49	6:F 40-49	43:12	F		18
90	Mark Sargeantson	Framlingham Flyers	198	65	8:M 60-69	43:18	M	Framlingham Flyers	72
91	Juliet Garnham	Stowmarket Striders RC	86	44	7:F 40-49	43:21	F	Stowmarket Striders RC	19
92	Kate Francis		80	42	8:F 40-49	43:27	F		20
93	Lynsey Warren		234	34	8:F 1-39	43:28	F		21
94	Richard Fellingham	Stowmarket Striders RC	73	70	1:M 70-99	43:31	M	Stowmarket Striders RC	73
95	Jordan Hall		99	26	19:M 1-39	43:52	M		74
96	Simon Hedge	Felixstowe RRC	113	49	28:M 40-49	43:56	M	Felixstowe RRC	75
97	Aaron Ranieri		184	29	20:M 1-39	44:03	M		76
98	Catherine Cranmer		61	46	9:F 40-49	44:06	F		22
99	Marion Walker	Framlingham Flyers	232	64	1:F 60-69	44:09	F	Framlingham Flyers	23
100	Christopher Blagden		21	54	17:M 50-59	44:31	M		77
101	Kieron Perry		178	45	29:M 40-49	44:35	M		78
102	Patrick Wilford		246	30	21:M 1-39	44:53	M		79
103	Lee Cornish		56	47	30:M 40-49	44:59	M		80
104	Jake Boykew		26	18	22:M 1-39	45:04	M		81
105	Grzegorz Klak		127	40	31:M 40-49	45:07	M		82
106	Adrian Cole	Stowmarket Striders RC	52	56	18:M 50-59	45:10	M	Stowmarket Striders RC	83
107	Paul Hales	Capel Cheetahs	97	54	19:M 50-59	45:11	M	Capel Cheetahs	84
108	Lisa Lummis		137	47	10:F 40-49	45:12	F		24
109	Samantha Stedman-Jones	Bungay Black Dog RC	215	52	3:F 50-59	45:27	F	Bungay Black Dog RC	25
110	Anthony Coulter		60	38	23:M 1-39	45:34	M		85
111	Deborah Hall		100	55	4:F 50-59	45:49	F		26
112	Rebecca Boyton	Ipswich Jaffa RC	27	25	9:F 1-39	45:55	F	Ipswich Jaffa RC	27
113	Heidi Morris		163	38	10:F 1-39	46:01	F		28
114	Marion Lewis		135	62	2:F 60-69	46:06	F		29
115	Angelique Scully		199	46	11:F 40-49	46:10	F		30
116	Alison Cooper	Waveney Valley AC	55	60	3:F 60-69	46:23	F	Waveney Valley AC	31
117	Joanne Brooke	Felixstowe RRC	30	48	12:F 40-49	46:42	F	Felixstowe RRC	32
118	Paul Goldsmith		91	45	32:M 40-49	46:45	M		86
119	Richard Westley		240	55	20:M 50-59	46:45	M		87
120	Svitlana Zinchenko	Newmarket Joggers	250	39	11:F 1-39	46:57	F	Newmarket Joggers	33
121	Andrew Stroud		219	51	21:M 50-59	46:58	M		88
122	Katherine Morton		165	46	13:F 40-49	47:10	F		34
123	Gregory Stowe	Stowmarket Striders RC	218	41	33:M 40-49	47:21	M	Stowmarket Striders RC	89
124	Adrian Green		96	44	34:M 40-49	47:25	M		90
125	Ruth Belsom		18	56	5:F 50-59	47:28	F		35
126	John Swann		221	61	9:M 60-69	47:29	M		91
127	Carl Newell	Felixstowe RRC	166	41	14:F 40-49	47:30	F	Felixstowe RRC	36
128	Vivienne Taylor	Framlingham Flyers	224	65	4:F 60-69	47:30	F	Framlingham Flyers	37
129	Rod MacGregor	Felixstowe RRC	140	55	22:M 50-59	47:45	M	Felixstowe RRC	92
130	Courtney Turney	Felixstowe RRC	245	16	12:F 1-39	48:00	F	Felixstowe RRC	38
131	Linda Hunt	Bungay Black Dog RC	123	60	5:F 60-69	48:02	F	Bungay Black Dog RC	39
132	Helen Rankin		185	51	6:F 50-59	48:27	F		40
133	Nicki Brown		31	51	7:F 50-59	48:47	F		41
134	Heidi Mattack		148	48	15:F 40-49	48:48	F		42
135	Karen Wharfe		242	46	16:F 40-49	48:57	F		43
136	Bronwen Andrews		10	54	8:F 50-59	49:00	F		44

137	Anneli Ostler	Felixstowe RRC	169	36	13:F 1-39	49:02	F	Felixstowe RRC	45
138	Lois Mickleburgh		156	46	17:F 40-49	49:07	F		46
139	Ant Bird		19	40	35:M 40-49	49:36	M		93
140	Jess Mackay		141	46	18:F 40-49	49:37	F		47
141	Riitta Wood	Framlingham Flyers	247	63	6:F 60-69	49:46	F	Framlingham Flyers	48
142	Ellie Varela		231	29	14:F 1-39	50:07	F		49
143	Rhonda Horne		119	42	19:F 40-49	50:07	F		50
144	Adam French		82	45	36:M 40-49	50:12	M		94
145	Phoebe Halpern		101	16	15:F 1-39	50:18	F		51
146	Elie Ishac	Felixstowe RRC	125	59	23:M 50-59	50:23	M	Felixstowe RRC	95
147	Roy Boykew		24	55	24:M 50-59	50:28	M		96
148	Julie Haselwood	Ipswich Jaffa RC	108	65	7:F 60-69	50:35	F	Ipswich Jaffa RC	52
149	Friedel Plant	Holme Pierrepont RC	181	72	1:F 70-99	50:38	F	Holme Pierrepont RC	53
150	Claire Lewis		134	52	9:F 50-59	50:40	F		54
151	Karen Chennells		47	41	20:F 40-49	50:42	F		55
152	Robert Macciochi		139	39	24:M 1-39	50:42	M		97
153	Nigel Johns	Capel Cheetahs	222	54	25:M 50-59	50:46	M	Capel Cheetahs	98
154	Gill Charlton	Stowmarket Striders RC	44	60	8:F 60-69	50:52	F	Stowmarket Striders RC	56
155	Jacqui Seymour		202	47	21:F 40-49	50:52	F		57
156	Annie Smith		209	18	16:F 1-39	51:23	F		58
157	Calum Dyes		69	31	25:M 1-39	51:23	M		99
158	Abigail Barker		14	23	17:F 1-39	51:33	F		59
159	Melanie Blagden		20	47	22:F 40-49	51:46	F		60
160	Heidi Watson		236	54	10:F 50-59	51:48	F		61
161	Heidi Sirett		206	42	23:F 40-49	51:56	F		62
162	Diane Doyle	Framlingham Flyers	67	41	24:F 40-49	52:16	F	Framlingham Flyers	63
163	James Manders		146	30	26:M 1-39	52:25	M		100
164	Malcolm Stedman-Jones	Bungay Black Dog RC	216	55	26:M 50-59	52:42	M	Bungay Black Dog RC	101
165	Lorna Burnside		33	32	18:F 1-39	52:51	F		64
166	Lucia Hardwick		104	41	25:F 40-49	53:05	F		65
167	Libby Pearson		177	15	19:F 1-39	53:32	F		66
168	Cathy Pearson		175	52	11:F 50-59	53:41	F		67
169	John Hynes		124	64	10:M 60-69	53:42	M		102
170	Gillian Fry		85	55	12:F 50-59	53:54	F		68
171	Annette Huggins	Framlingham Flyers	121	65	9:F 60-69	54:23	F	Framlingham Flyers	69
172	Zoe Batho		16	48	26:F 40-49	54:26	F		70
173	Kara Moore damant	Stowmarket Striders RC	161	39	20:F 1-39	54:50	F	Stowmarket Striders RC	71
174	John Manders		147	57	27:M 50-59	55:13	M		103
175	Angela Carr		38	36	21:F 1-39	55:23	F		72
176	Michael Carr		39	46	37:M 40-49	55:23	M		104
177	Darryl Ainslie	Lowestoft Road Runners	3	42	38:M 40-49	55:25	M	Lowestoft Road Runners	105
178	Paul Frost		83	44	39:M 40-49	55:34	M		106
179	Kelly Frost		84	32	22:F 1-39	55:34	F		73
180	Allison Denny		65	45	27:F 40-49	55:42	F		74
181	Julia Mclean		154	46	28:F 40-49	56:06	F		75
182	Lindsay Churchman		49	35	23:F 1-39	56:36	F		76
183	Kylie Robinson	Framlingham Flyers	187	33	24:F 1-39	56:44	F	Framlingham Flyers	77
184	Daniela Elstone	Felixstowe RRC	71	51	13:F 50-59	56:44	F	Felixstowe RRC	78

185	Nigel Suckling		220	68	11:M 60-69	56:54	M	107
186	Agnieszka Szwast		223	36	25:F 1-39	56:59	F	79
187	Leticia Yulita		249	52	14:F 50-59	57:06	F	80
188	Mark Goldsmith		89	59	28:M 50-59	57:16	M	108
189	Ursula Goldsmith		90	61	10:F 60-69	57:16	F	81
190	john Celerier		42	67	12:M 60-69	57:23	M	109
191	Lynn Ruddick		192	56	15:F 50-59	57:40	F	82
192	Tara Carroll	Waveney Valley AC	40	49	29:F 40-49	58:31	F	Waveney Valley AC 83
193	Rachael Finch	Waveney Valley AC	76	52	16:F 50-59	58:32	F	Waveney Valley AC 84
194	Maggie Flatt	Beccles & Bungay Harriers	78	60	11:F 60-69	59:22	F	Beccles & Bungay Harriers 85
195	Georgina Rayment		186	41	30:F 40-49	1:00:34	F	86
196	Kingsley Elliff		70	65	13:M 60-69	1:00:44	M	110
197	Jan Green	Framlingham Flyers	94	71	2:F 70-99	1:00:45	F	Framlingham Flyers 87
198	Alice Davis		62	27	26:F 1-39	1:01:23	F	88
199	Allie Cornwell		57	43	31:F 40-49	1:01:25	F	89
200	Amanda King		126	30	27:F 1-39	1:02:19	F	90
201	Sarah Donovan		66	49	32:F 40-49	1:02:23	F	91
202	Gail Barker		13	40	33:F 40-49	1:02:30	F	92
203	Peter Lang	Waveney Valley AC	129	52	29:M 50-59	1:02:34	M	Waveney Valley AC 111
204	Beverley de Boos	Vegan Runners UK	63	67	12:F 60-69	1:02:35	F	Vegan Runners UK 93
205	Emily Barber		12	25	28:F 1-39	1:02:41	F	94
206	Liam Gilks		88	28	27:M 1-39	1:02:42	M	112
207	Mary Cameron		36	58	17:F 50-59	1:02:52	F	95
208	Gaye Farrar	Framlingham Flyers	72	70	3:F 70-99	1:06:23	F	Framlingham Flyers 96
209	Nicola Sanderson		197	45	34:F 40-49	1:07:06	F	97
210	Ellen Coldwell		51	48	35:F 40-49	1:07:24	F	98
211	Wendy Cook		54	44	36:F 40-49	1:07:24	F	99
212	Triena Cassidy		41	54	18:F 50-59	1:07:24	F	100
213	Charmian Smy	Framlingham Flyers	210	67	13:F 60-69	1:12:47	F	Framlingham Flyers 101
214	William Parsons		173	15	28:M 1-39	1:20:07	M	113
215	Henry Parsons		172	17	29:M 1-39	1:20:08	M	114
216	Katie Parsons		171	47	37:F 40-49	1:21:34	F	102
217	Eleanor Dunsterville		68	49	38:F 40-49	1:21:34	F	103